



# **Il trattamento e la prevenzione delle recidive delle opacità corneali**

**San Marino Hospital  
UOC Ophthalmology**

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**XXVII**

# **Congresso Nazionale AICCER**

Associazione Italiana di Chirurgia della Cataratta e Refrattiva



**CON LE CHIRURGIE IN DIRETTA  
DA SAN MARINO**



**Palacongressi di Rimini**



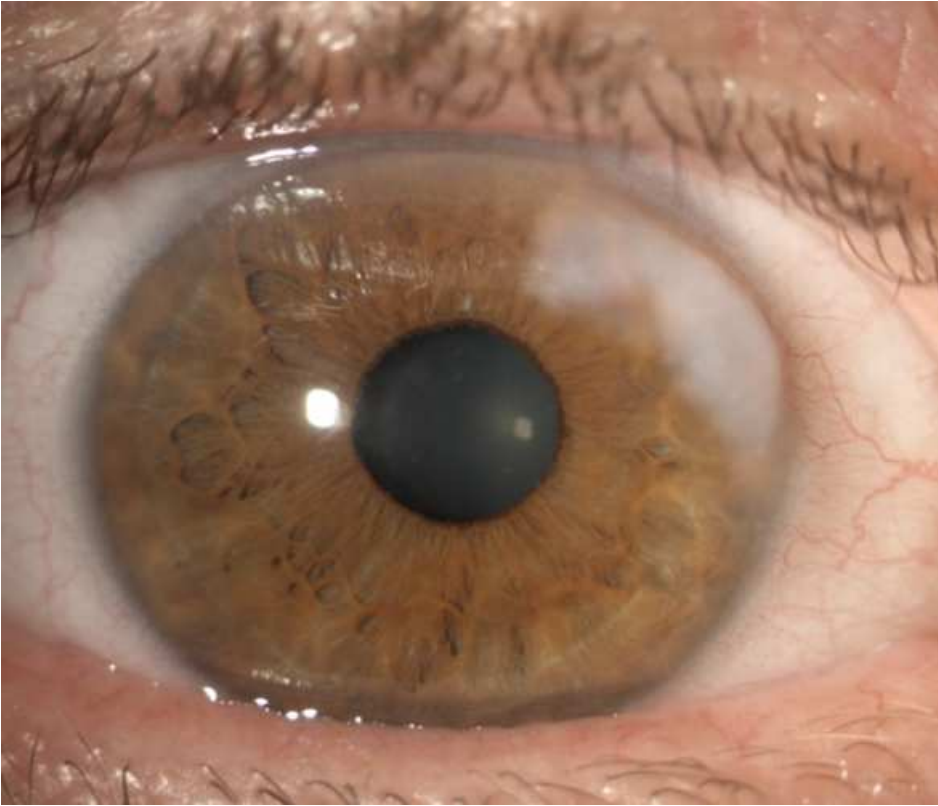
**12-14  
MARZO 2026**

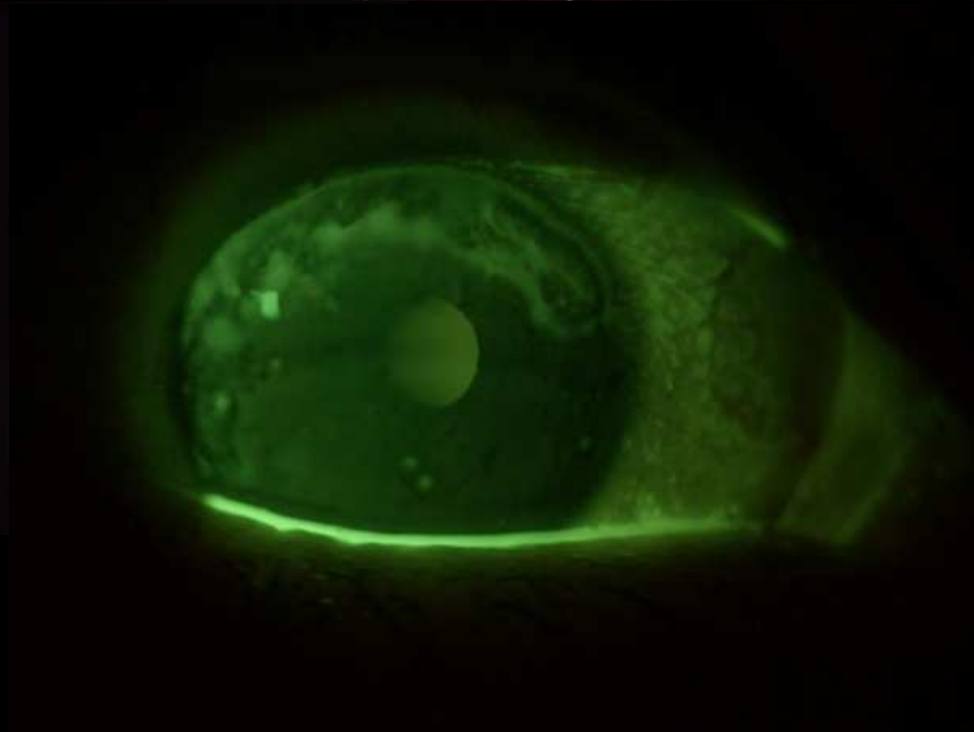
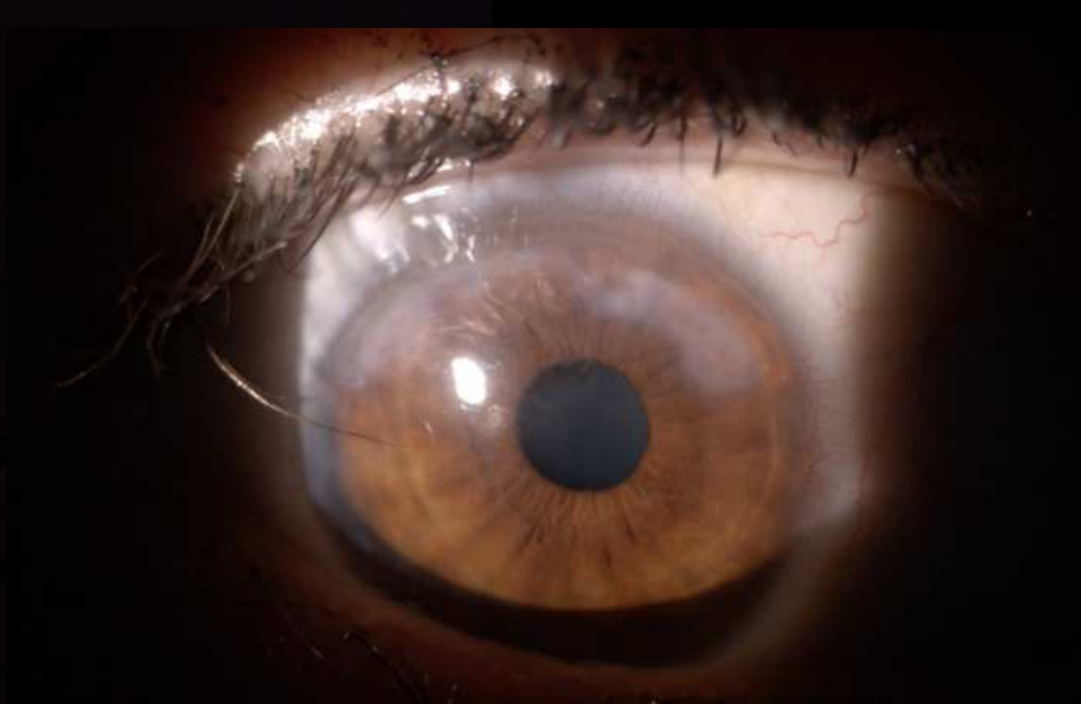


# PERIPHERAL CORNEAL LESIONS

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Topical lubrication  
FANS drops  
Low dose local steroids





# Causes of ophthalmic examination

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## 1. Ingravescient symptoms of surface discomfort :

tearing  
hitching  
burning  
foreign body sensation

## 2. UCVA BCVA worsening

## 3. Ingravescient signs :

redness  
conjunctival hyperemia  
progression of white peripheral corneal lesions

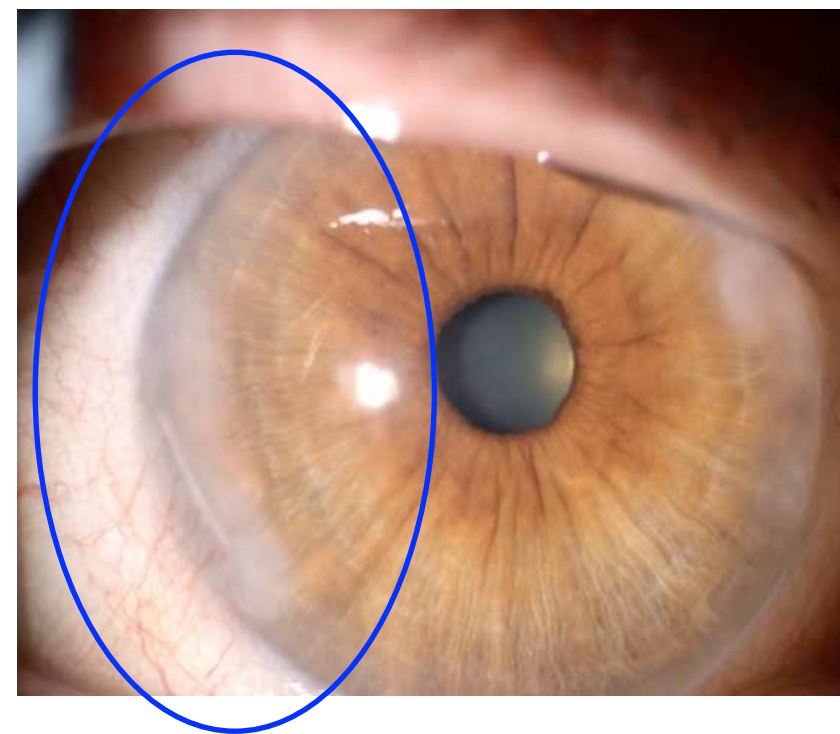
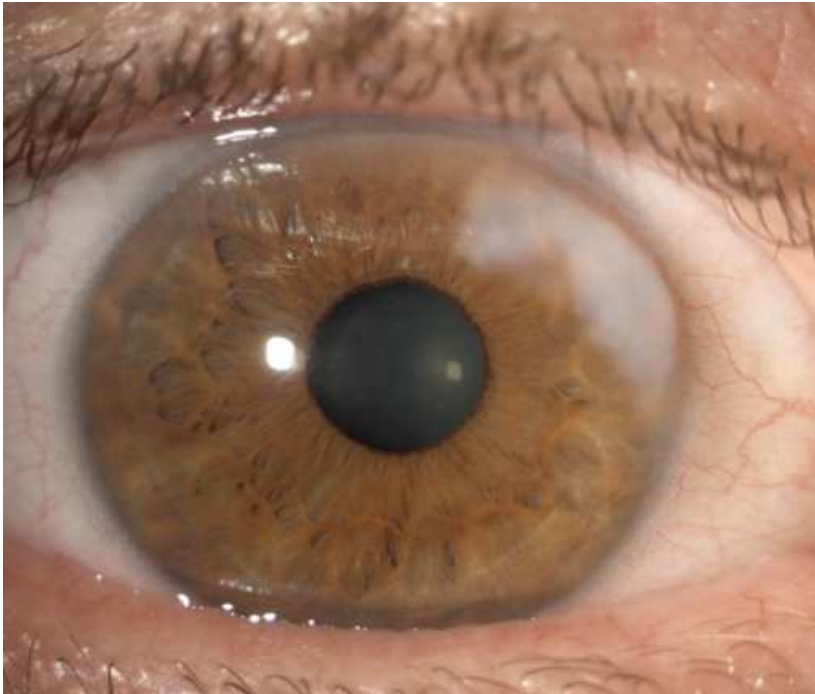
# Diagnostic criteria

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## PHSCD

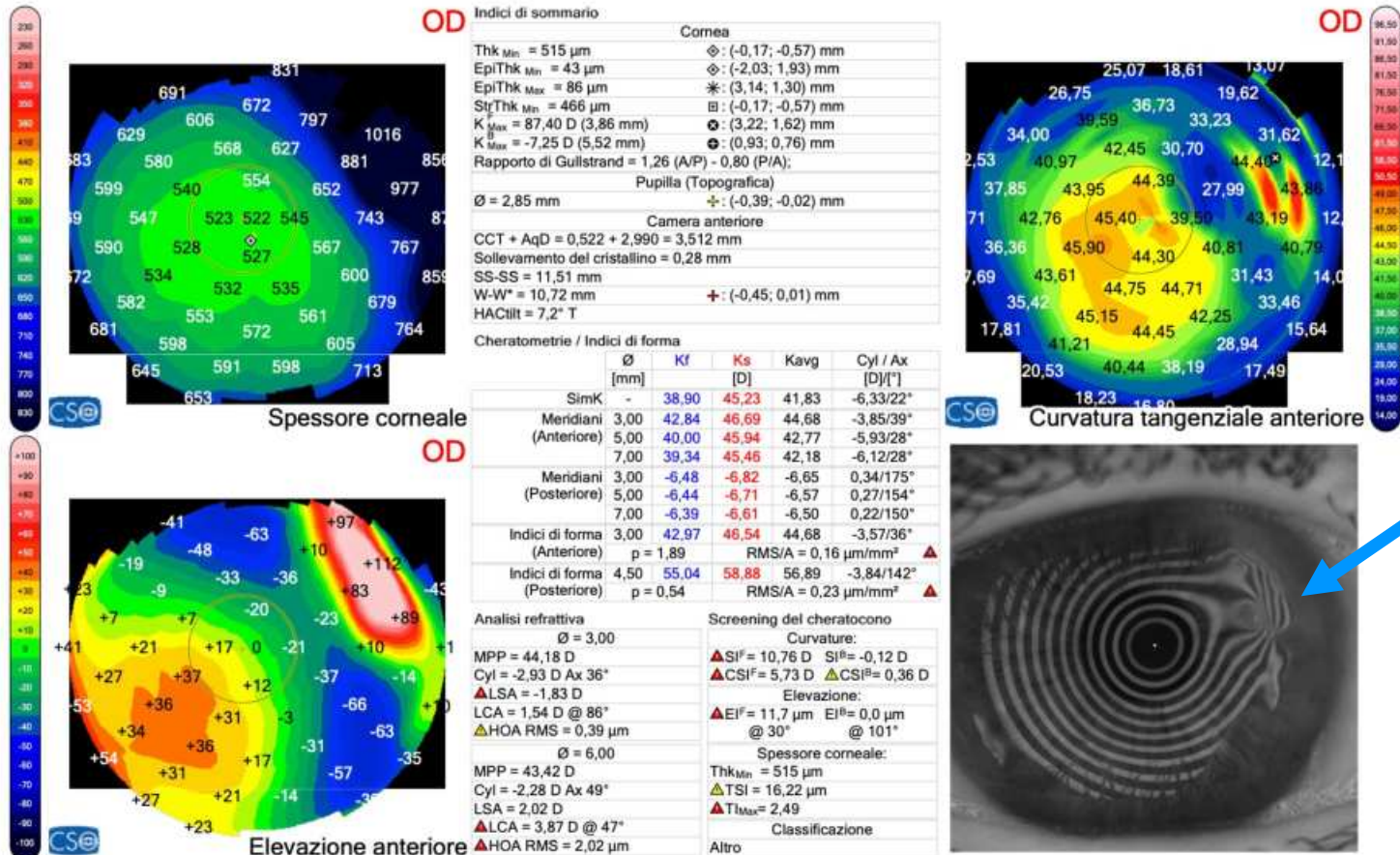
(PERIPHERAL HYPERTROPHIC SUBEPITHELIAL CORNEAL DEGENERATION)

- Peripheral circumferential-elevated whitish subepithelial opacity
- Focal superficial vessels along the limbus





# Diagnostic criteria



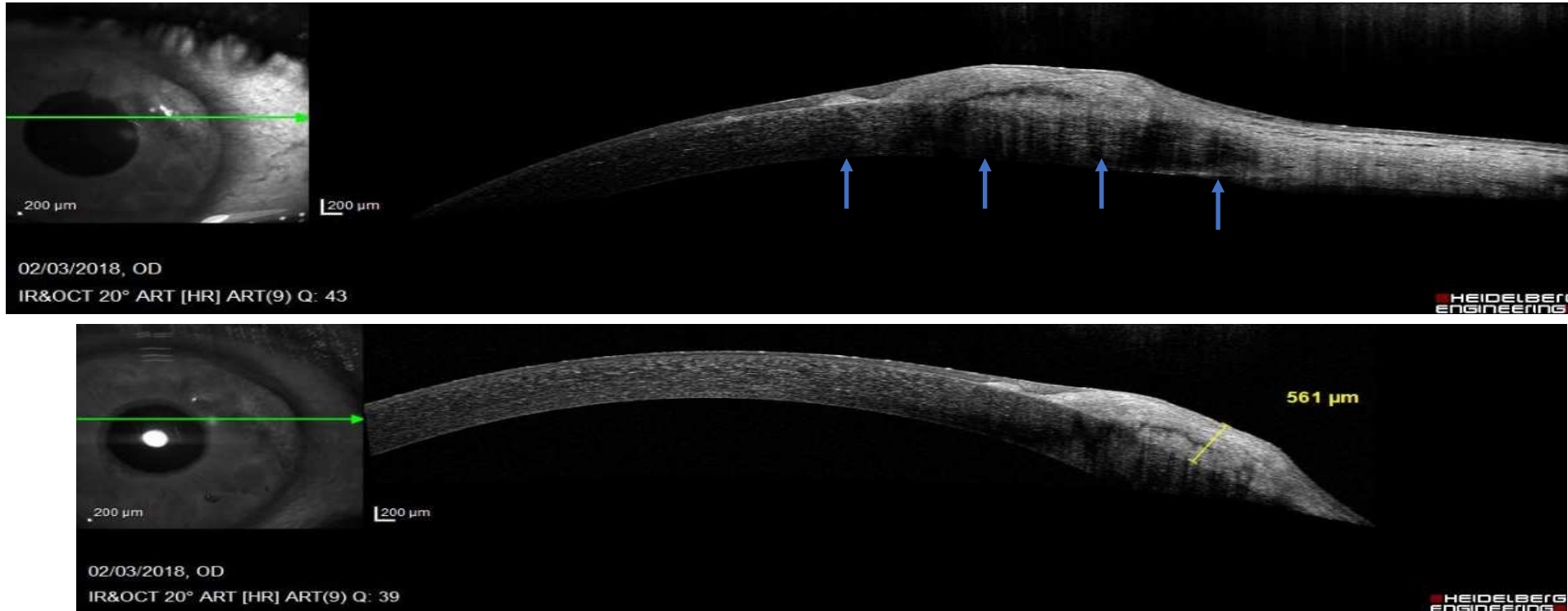
## Corneal Tomography :

- Peripheral AS elevation
- **Irregular Astigmatism** (hyperopic)
- Peripheral thicker area
- Keratoscopic rings distortion

Järventausta PJ et al. Peripheral hypertrophic subepithelial corneal degeneration - clinical and histopathological features. *Acta Ophthalmol.* 2014

Schargus M et al. Peripheral hypertrophic subepithelial corneal degeneration presenting with bilateral nasal and temporal corneal changes. *Eye (Lond).* 2015

# Diagnostic criteria



## Anterior segment-OCT :

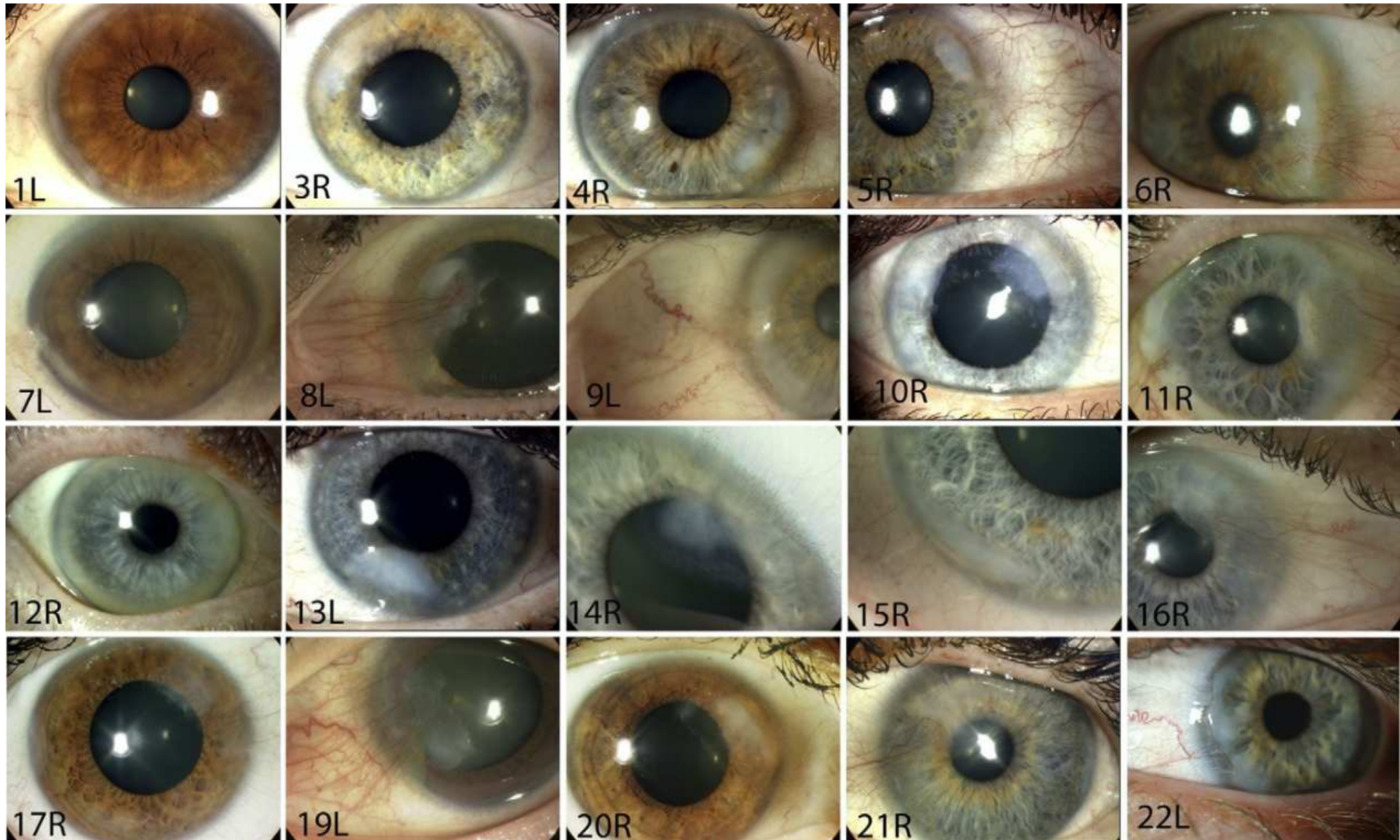
- lesion in detail
- thickness measurement (561µm)
- identification of a cleavage plane

the Bowman layer : intact or interrupted



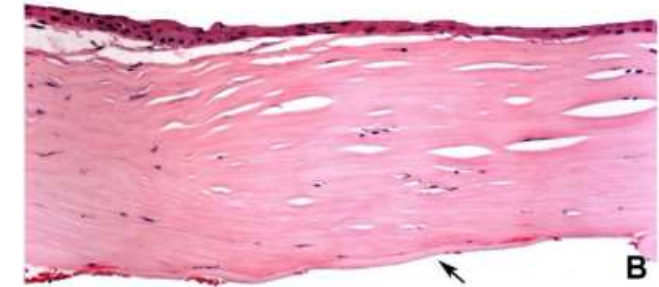
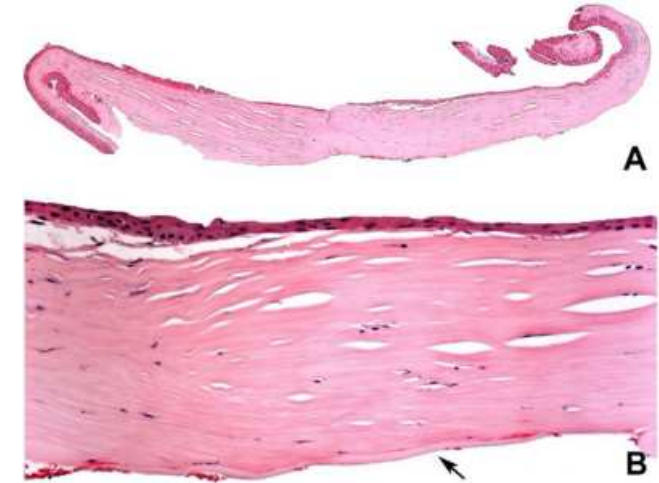
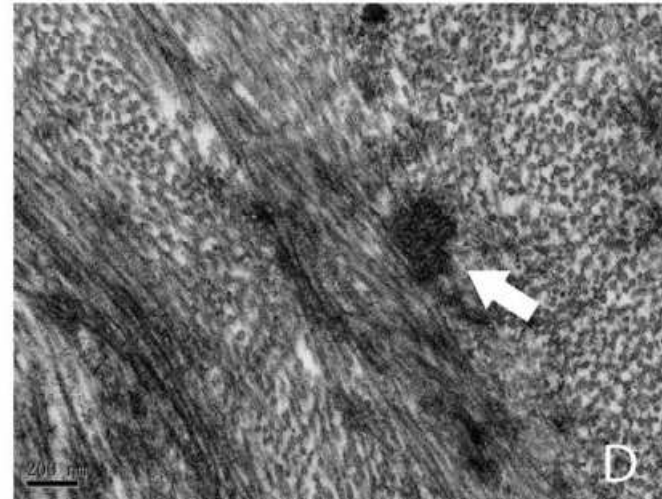
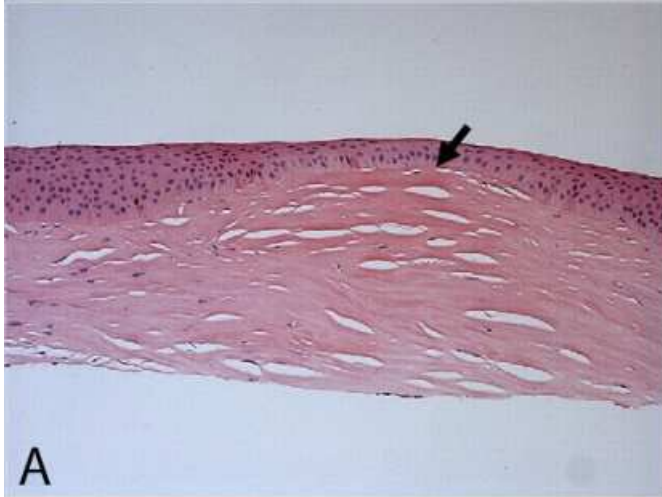
Gore DM, Iovieno A, Connell BJ, Alexander R, Meligonis G, Dart JK.

**Peripheral hypertrophic subepithelial corneal degeneration: nomenclature, phenotypes, and long-term outcomes.**  
Ophthalmology 2013;120(5):892-8.





# MICROSCOPIC EXAMINATION



The **corneal epithelium** was typically variable in caliber and focally attenuated overlying extensive areas of subepithelial fibrosis. In some areas, the subepithelial fibrosis formed nodules comprised dense collagenous connective tissue that resembled corneal stroma but was notably paucicellular, hyalinized in appearance, and arranged in irregular lamellae. Focal fibroblastic activity and mild chronic inflammation bordered the nodular deposits in a few cases.

**Bowman membrane** was either absent (Fig. 4), indistinct, or focally disrupted (Fig. 5). When present, Bowman membrane was typically located deep to the subepithelial fibrosis.

# Therapeutic strategies

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## Medical treatments

Topical lubrication  
FANS drops  
Low dose local steroids

## Surgical treatments

### 3 steps treatment:

- *Mechanical disepithelization*
- **Peeling of fibrotic tissue**
- **Sectorial PTK with mask fluid**
- **Final 8.50- 9 mm PTK**

Lavoie P. Neutralization of transforming growth factor- beta attenuates hypertension and prevents renal injury in uremic rats. *J Hypertens* 2005

Cohn RD. Angiotensin II type 1 receptor blockade attenuates TGF-beta-induced failure of muscle regeneration in multiple myopathic states. *Nat Med* 2007

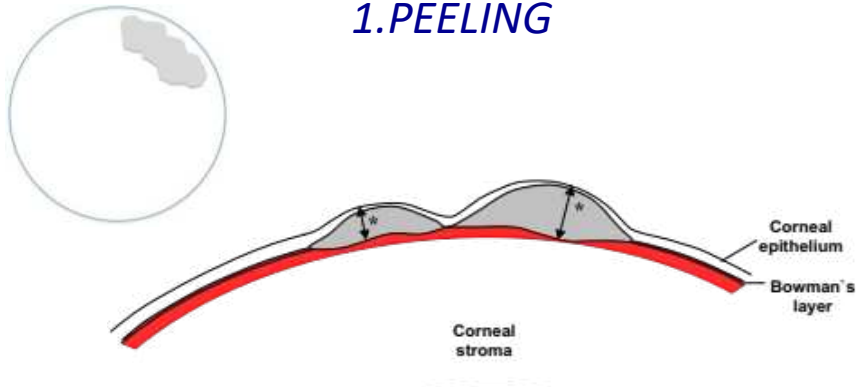
Park JK. Losartan improves adipose tissue-derived stem cell niche by inhibiting transforming growth factor-b and fibrosis in skeletal muscle injury. *Cell Transplant* 2012

Lim DS. Angiotensin II blockade reverses myocardial fibrosis in a transgenic mouse model of human hypertrophic cardiomyopathy. *Circulation* 2021



# Therapeutic strategies

## 1. PEELING



## 2. SECTORIAL PTK

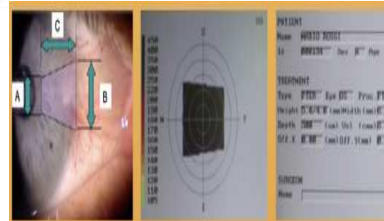
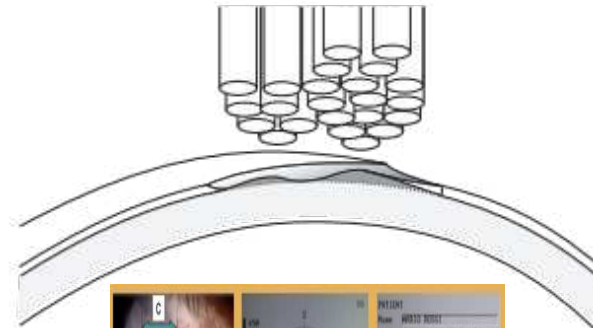
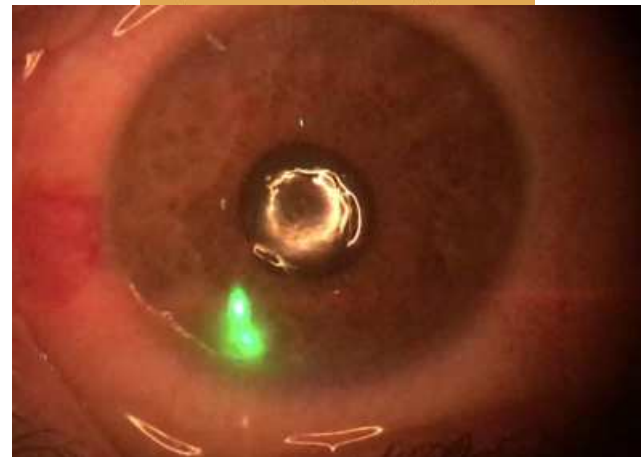
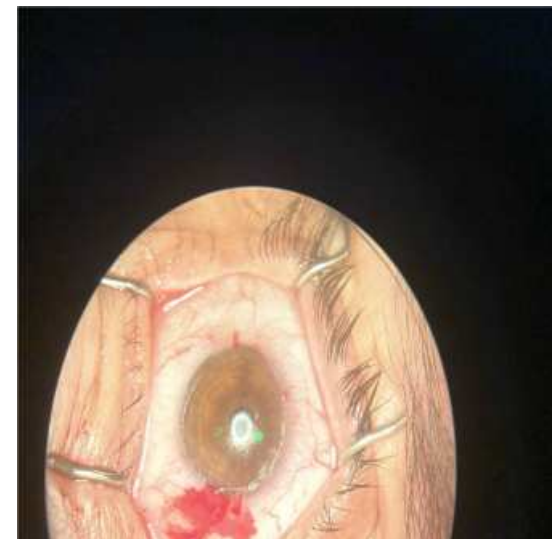
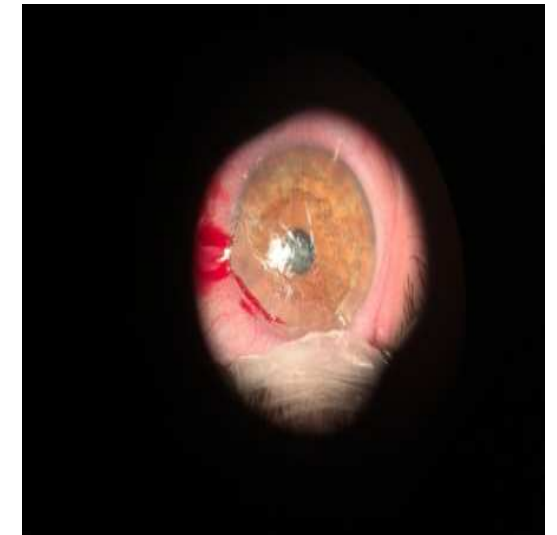


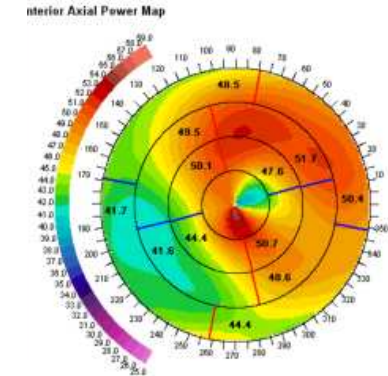
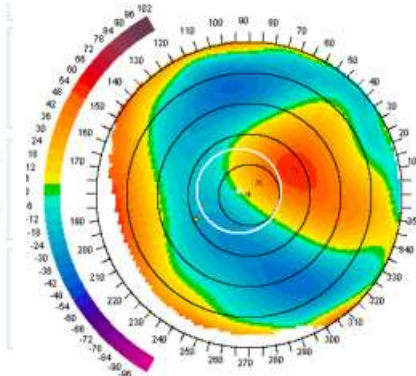
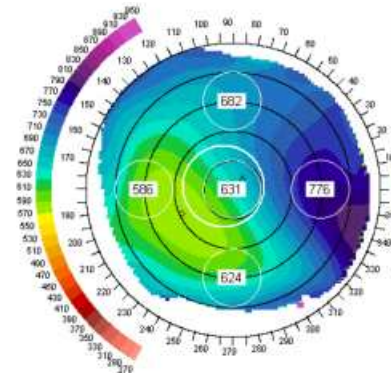
Figure 2. IRES software allows the surgeon to define the shape of ablation according with the shape of the corneal opacity. The surgeon will define by software the depth of ablation and 3 geometrical parameters: internal height of ablation (A) from corneal side, external height of ablation (B) from scleral side and width of ablation (C). In this case is shown the sectorial PTK planning after excision of pterygium.



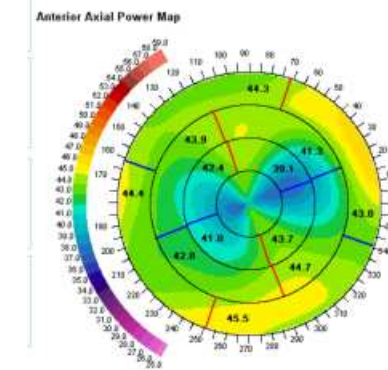
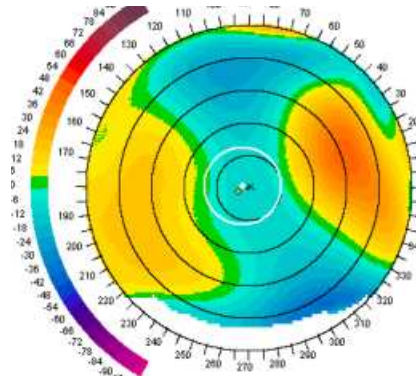
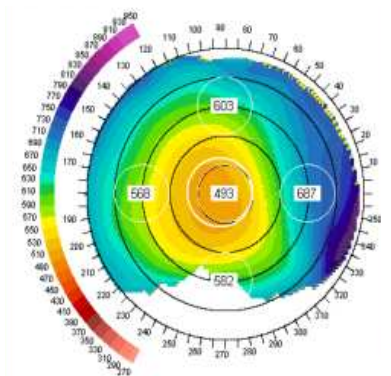
## 3. PTK 9 MM



# PHSCD (PERIPHERAL HYPERTROPHIC SUBEPITHELIAL CORNEAL DEGENERATION)



**PREOP**



**POSTOP**

**SL: clear cornea**

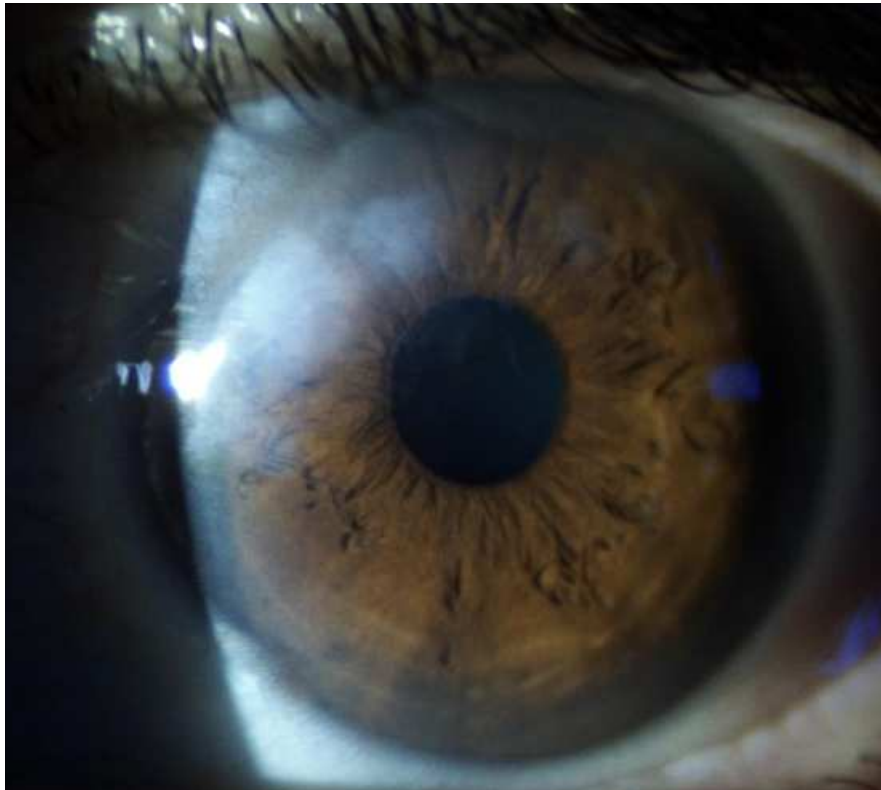
RE BCVA: 9-10/10 +2 +1.50 ax 120

LE BCVA: 8/10 +0.50 +1.25 ax 40

# CLINICAL CASE

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PRE



POST 4 MONTHS

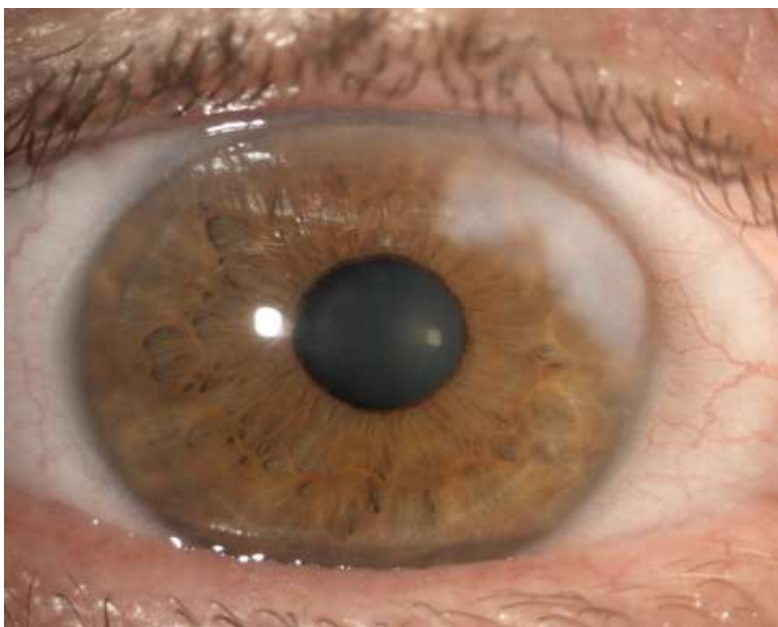




# CLINICAL CASE

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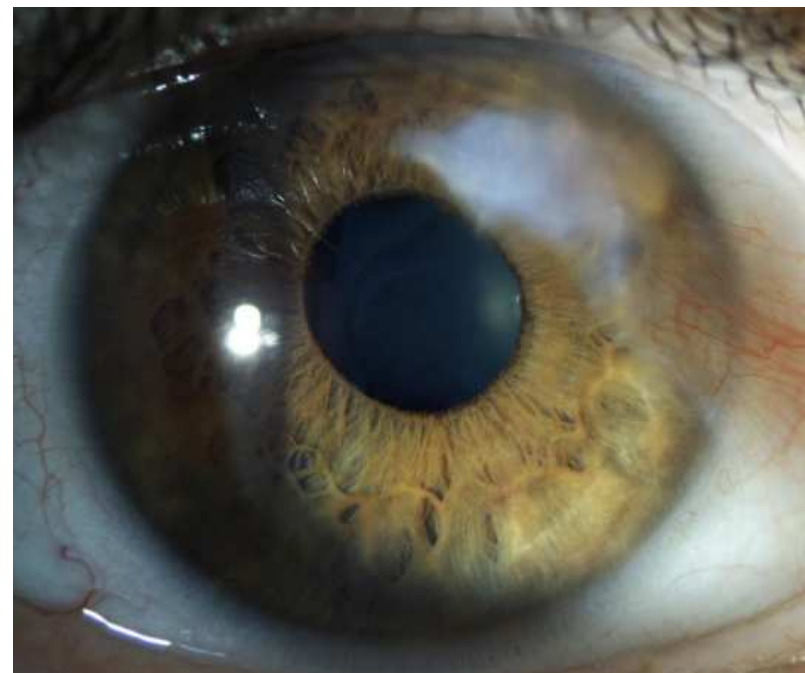
PRE



POST 30 months



POST 7 years



# Main postop challenges

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**3 R**

Reepithelization delay: general and local therapy

Refractive results: unpredictable - further refractive treatment

**Recurrence : innovative postop. treatment**

Lavoie P. Neutralization of transforming growth factor- beta attenuates hypertension and prevents renal injury in uremic rats. *J Hypertens* 2005

Cohn RD. Angiotensin II type 1 receptor blockade attenuates TGF-beta-induced failure of muscle regeneration in multiple myopathic states. *Nat Med* 2007

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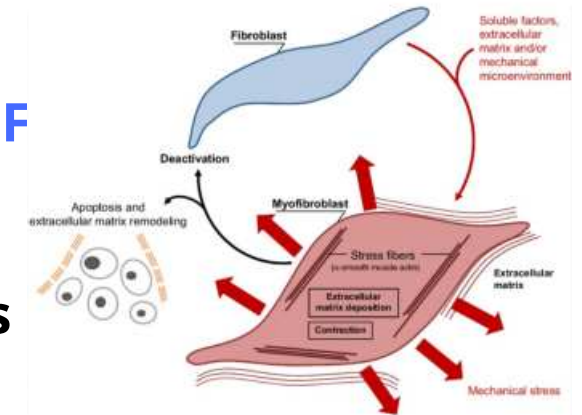
# Literature recurrency : different criteria adopted

Study	Sample Size	Recurrence Rate	Mean Follow up	Surgical Intervention
Maust & Raber	3	0%	11 months	SK + MMC
Schargus et al.	3	33%	48 months	SK
Gore et al.	12	25%	23 months	SK
Auteri et al.	5	100%	55 months	SK
	6	100%	72 months	SK + PTK
	1	100%	84 months	SK + AMT
	1	0%	48 months	SK + PTK + MMC
	6	67%	68 months	SK + AMT + MMC
Our experience	25	4% (1 case)	8-36 months	SK + PTK +MMC <b>Losartan</b>



# LOSARTAN

- It is an **ANGIOTENSIN II RECEPTOR BLOCKER**
- It is a known **INHIBITOR OF TRANSFORMING GROWTH FACTOR (TGF SIGNALING)** that has been shown to have efficacy in the **prevention and treatment of myofibroblast-related fibrosis**
- Evidence has accumulated, supporting the hypothesis that **TGF- $\beta$ s** (TGF- $\beta$ 1 and TGF- $\beta$ 2 and possibly TGF- $\beta$ 3) are the **most significant regulators of fibrosis in the cornea** and other tissues through their effects on **myofibroblast development and apoptosis**
- **After a fibrotic corneal injury**, in the absence of normal EBM and/or Descemet's basement membrane function, **TGF- $\beta$  enters the stroma** in sufficient amounts from the **tears, epithelium, endothelium and/or aqueous humor**



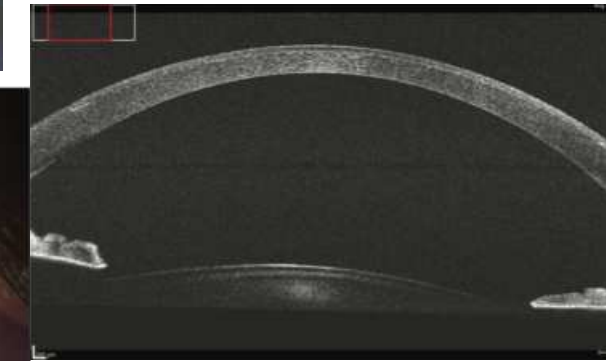
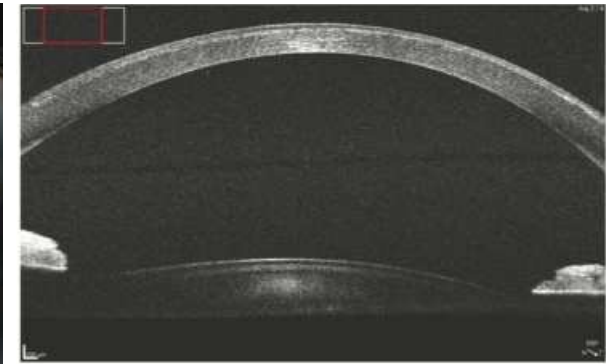
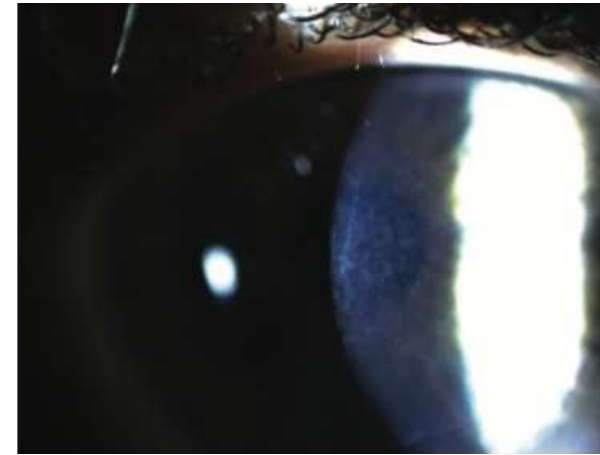
Lavoie P. Neutralization of transforming growth factor-  $\beta$  attenuates hypertension and prevents renal injury in uremic rats. *J Hypertens* 2005

Chen IS. Angiotensin II type 1 receptor blockade attenuates TGF- $\beta$ -induced failure of muscle regeneration in multiple myopathic states. *Nat Med* 2007

Park JK. Losartan improves adipose tissue-derived stem cell niche by inhibiting transforming growth factor- $\beta$  and fibrosis in skeletal muscle injury. *Cell Tissue Res* 2010

Lim DS. Angiotensin II blockade reverses myocardial fibrosis in a transgenic mouse model of human hypertrophic cardiomyopathy. *Circulation* 2021

# RATIONALE



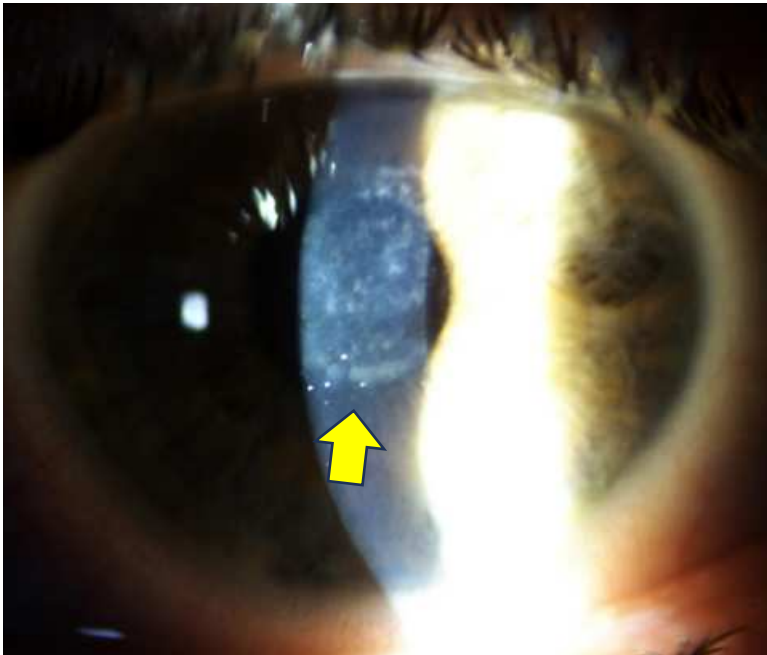
Supporting this hypothesis a 6-month course of topical Losartan was highly effective in decreasing scarring fibrosis that developed following a **complicated LASIK procedure**



**FIRST HUMAN CASE OF TREATMENT  
OF CORNEAL SCARRING FIBROSIS  
WITH TOPICAL LOSARTAN**

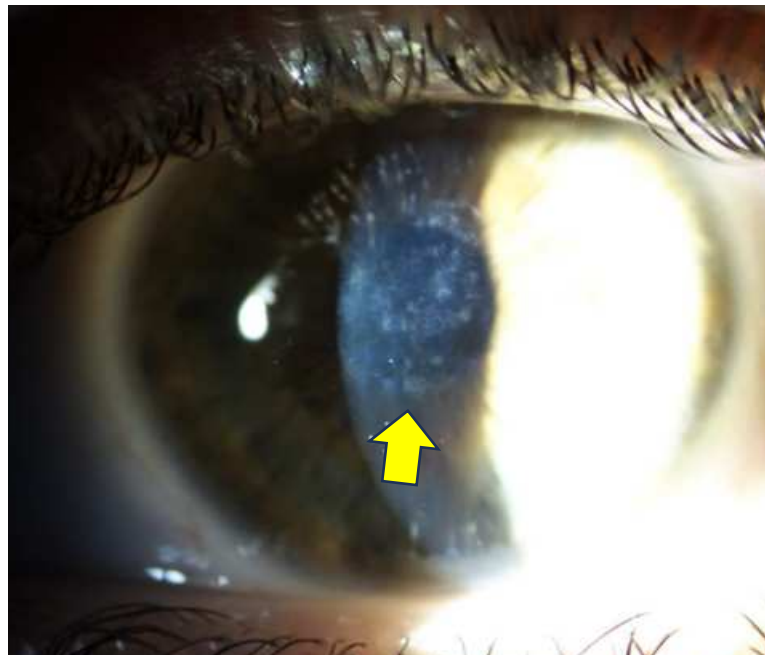
# SLIT-LAMP PHOTOGRAPHY

PRE



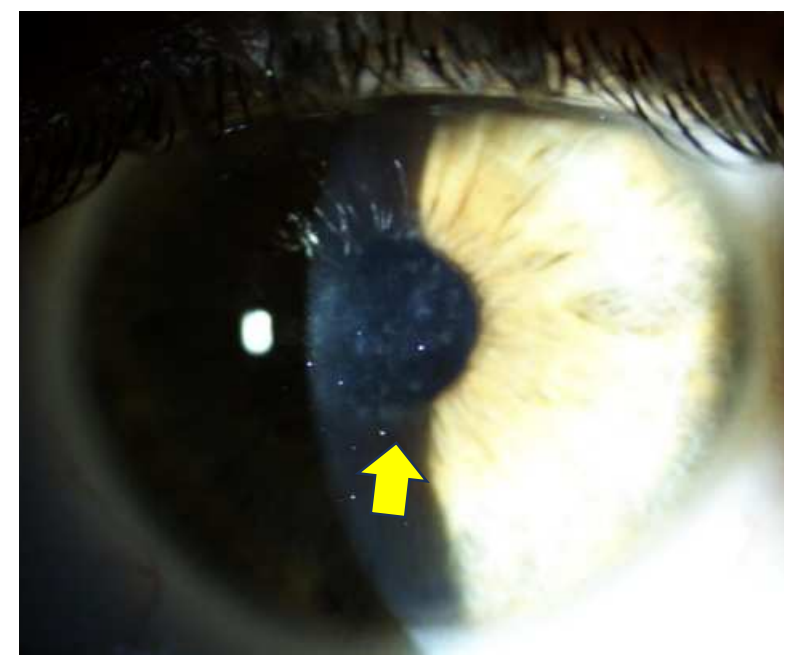
LE UCDVA 20/40  
LE CDVA 20/25 -1.25 -0.50x60

POST 1 MONTH



LE UCDVA 20/40  
LE CDVA 20/20 -0.50 -1.00x90

POST 3 MONTHS

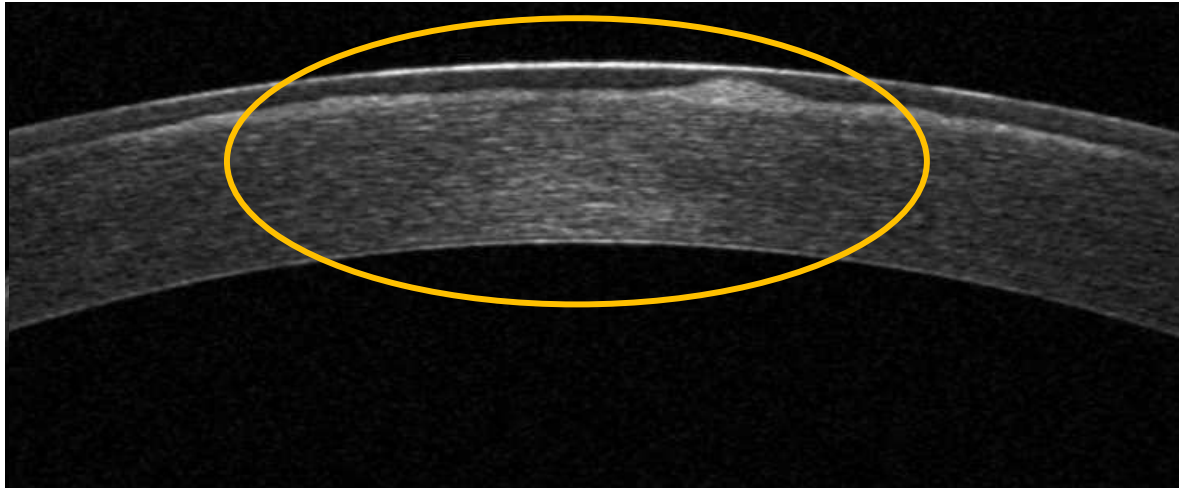


LE UCDVA 20/32  
LE CDVA 20/20 -0.50 -1.00x80

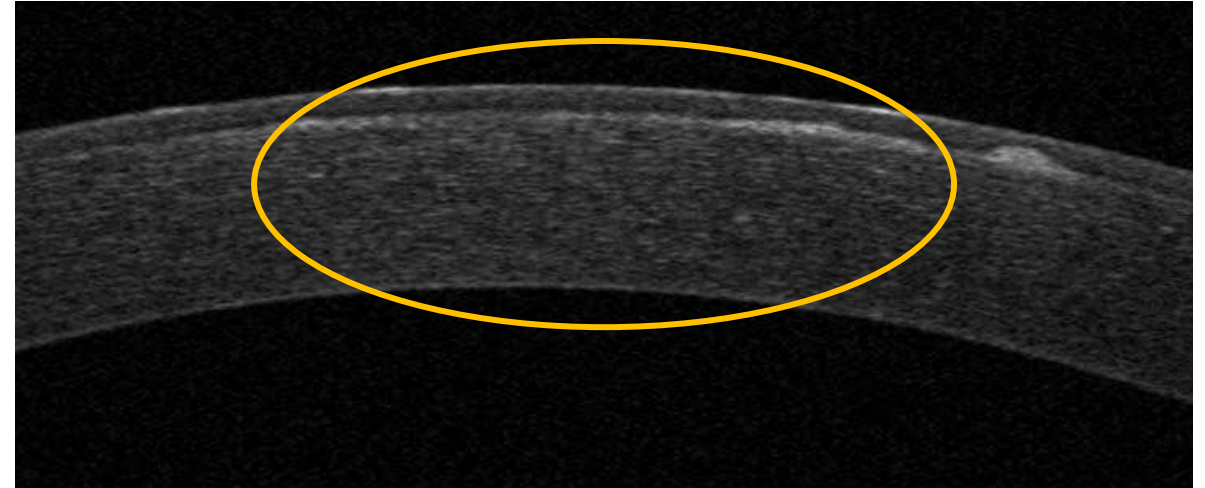


# AS - OCT

PRE



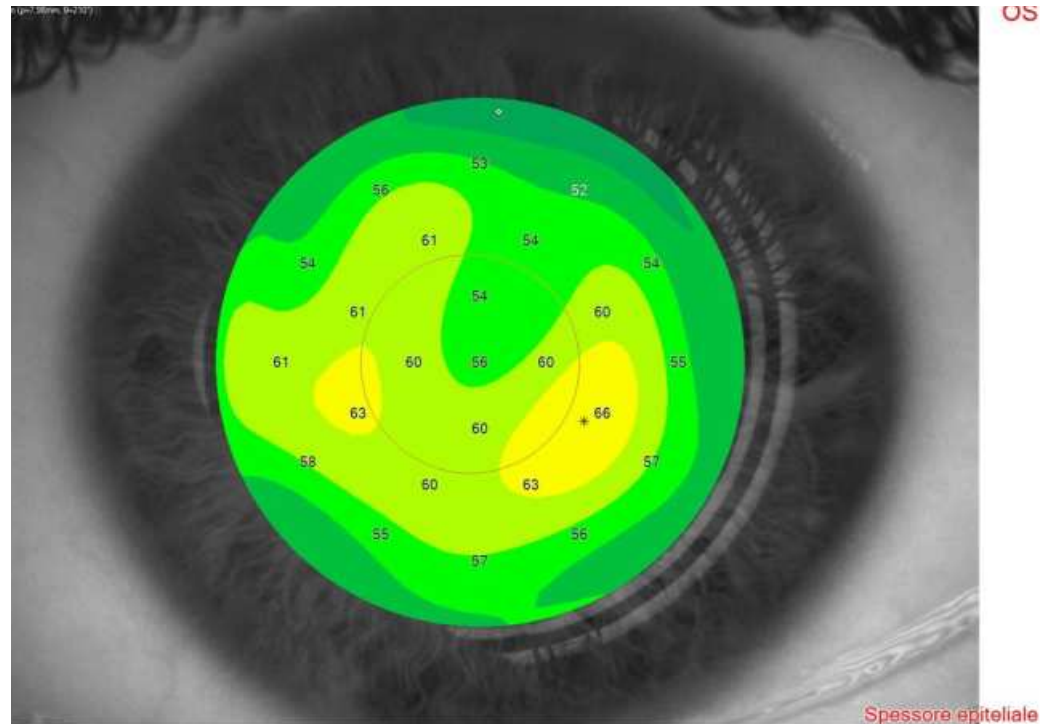
POST 3 MONTHS



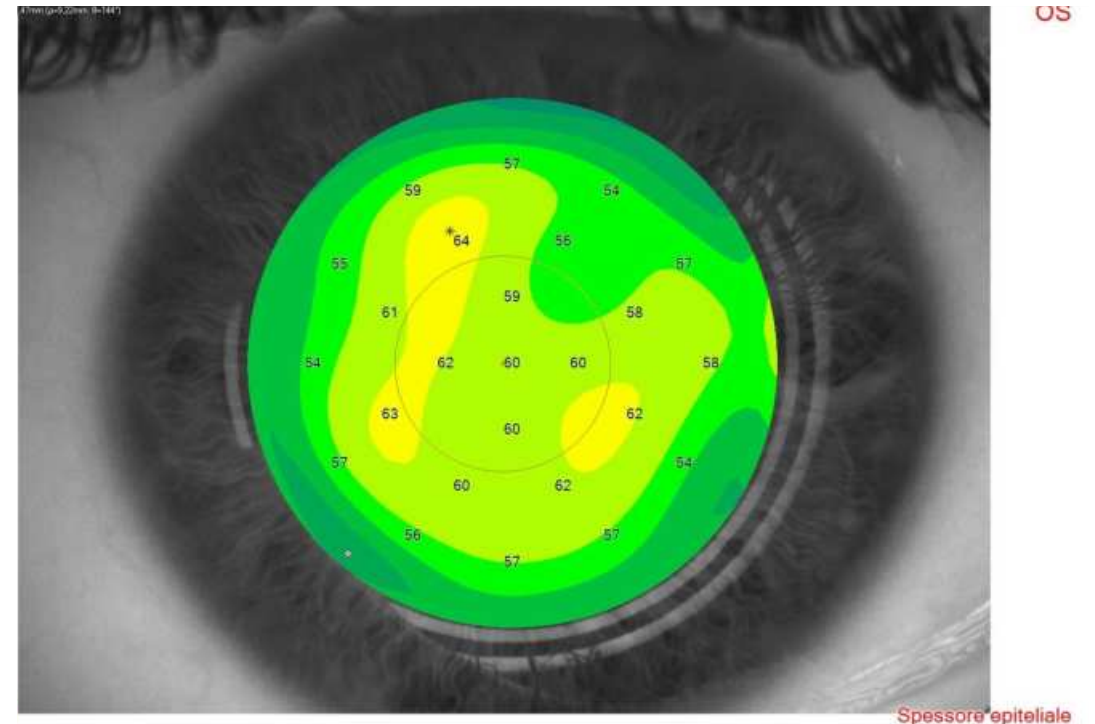
**Subepithelial hyperreflectivity is reduced after topical Losartan treatment**

# EPITHELIAL MAP

PRE



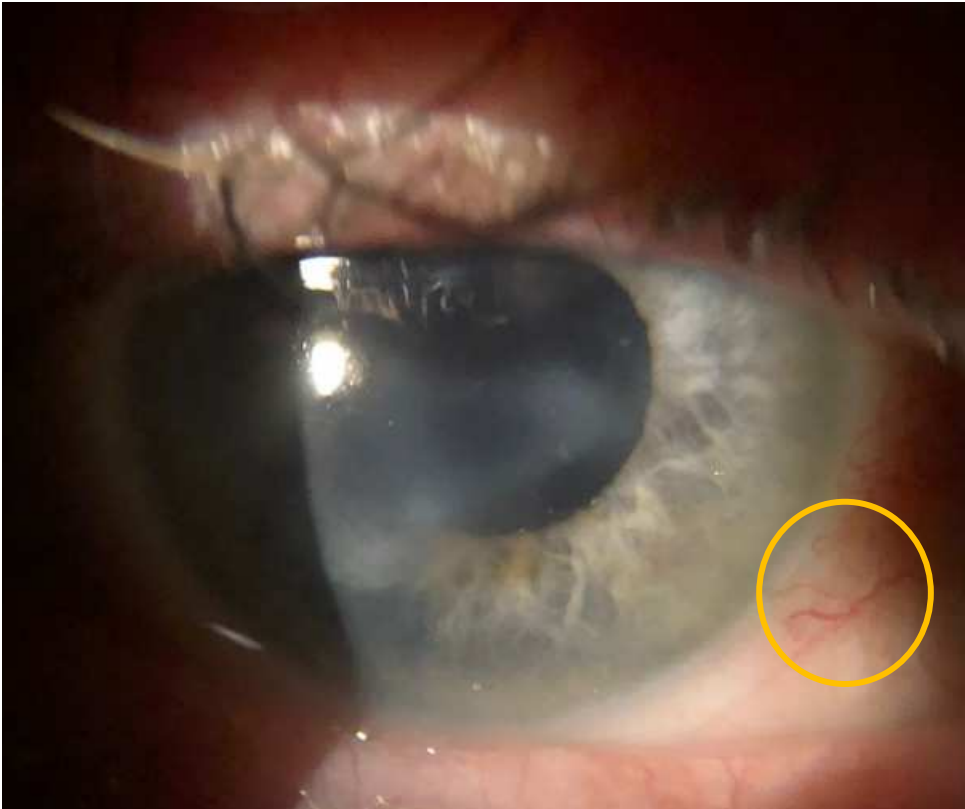
POST 3 MONTHS



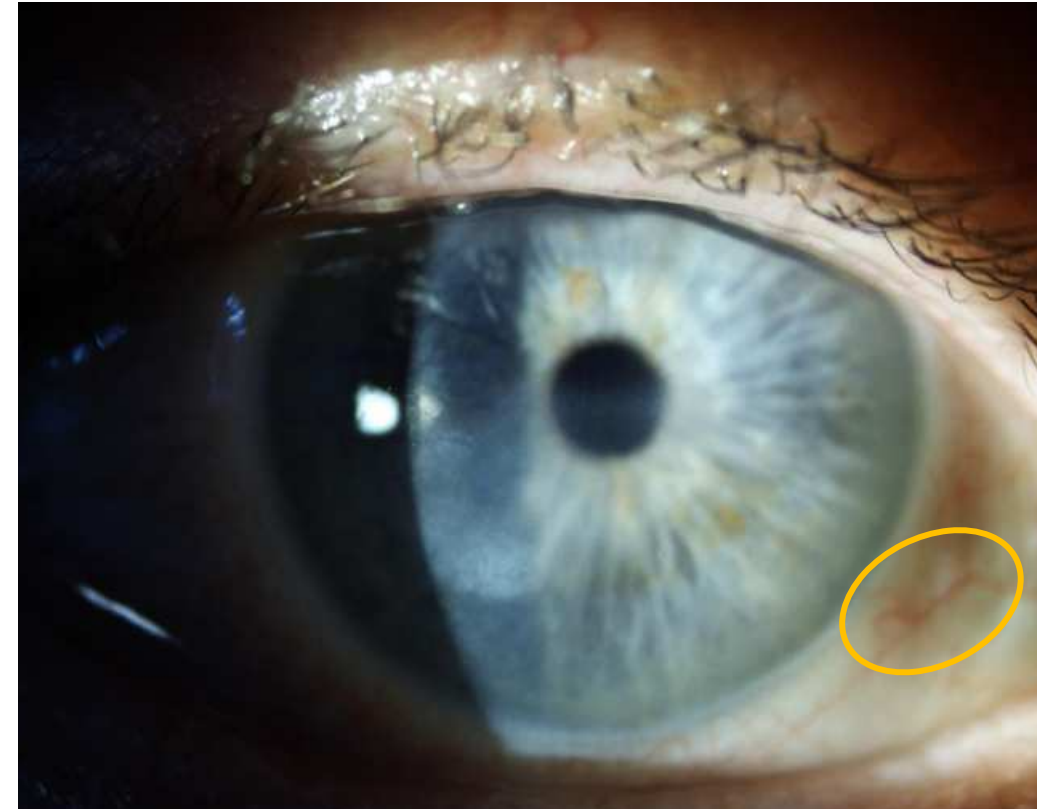
More regular distribution of the corneal epithelium

# CLINICAL CASE 2

PRE

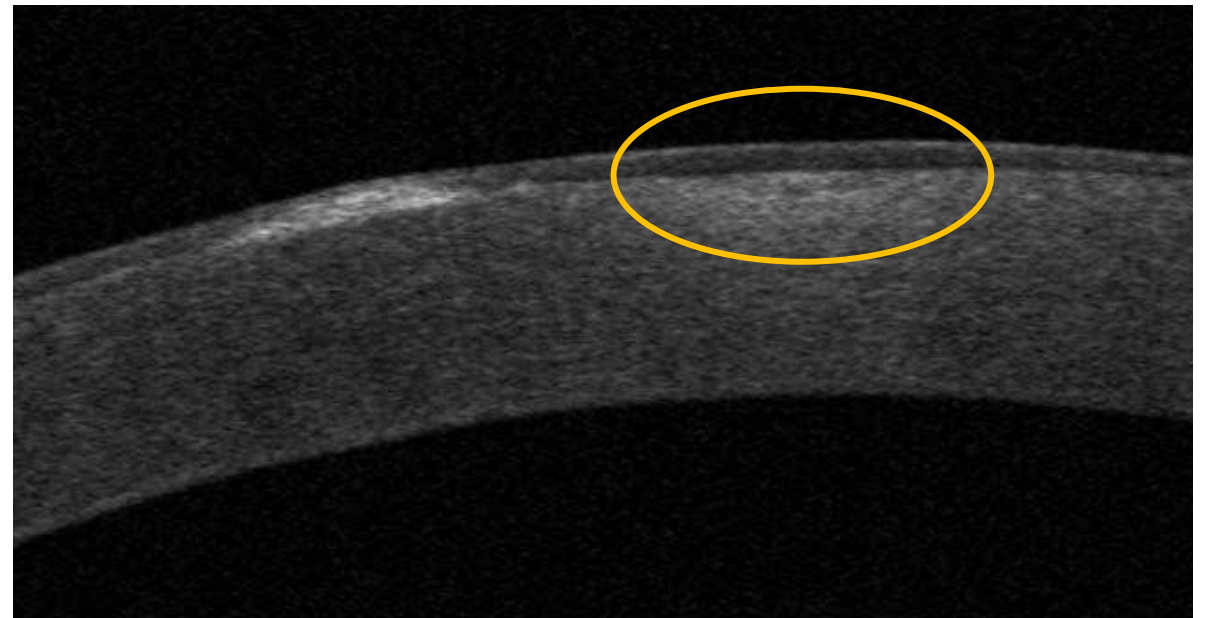
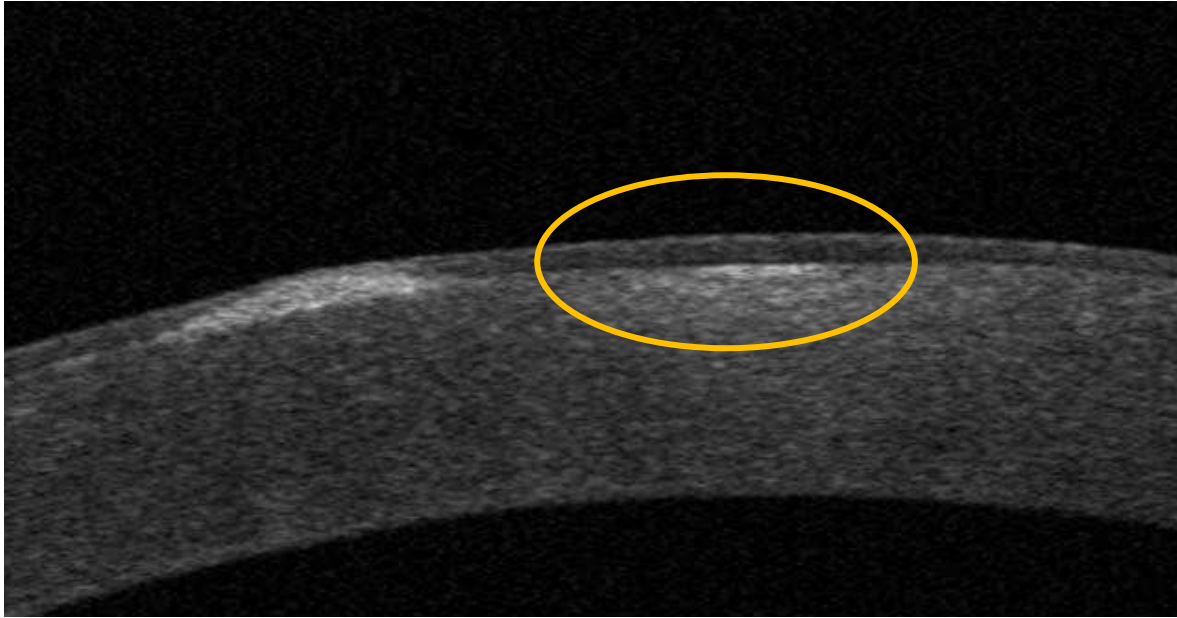


POST 3 MONTHS





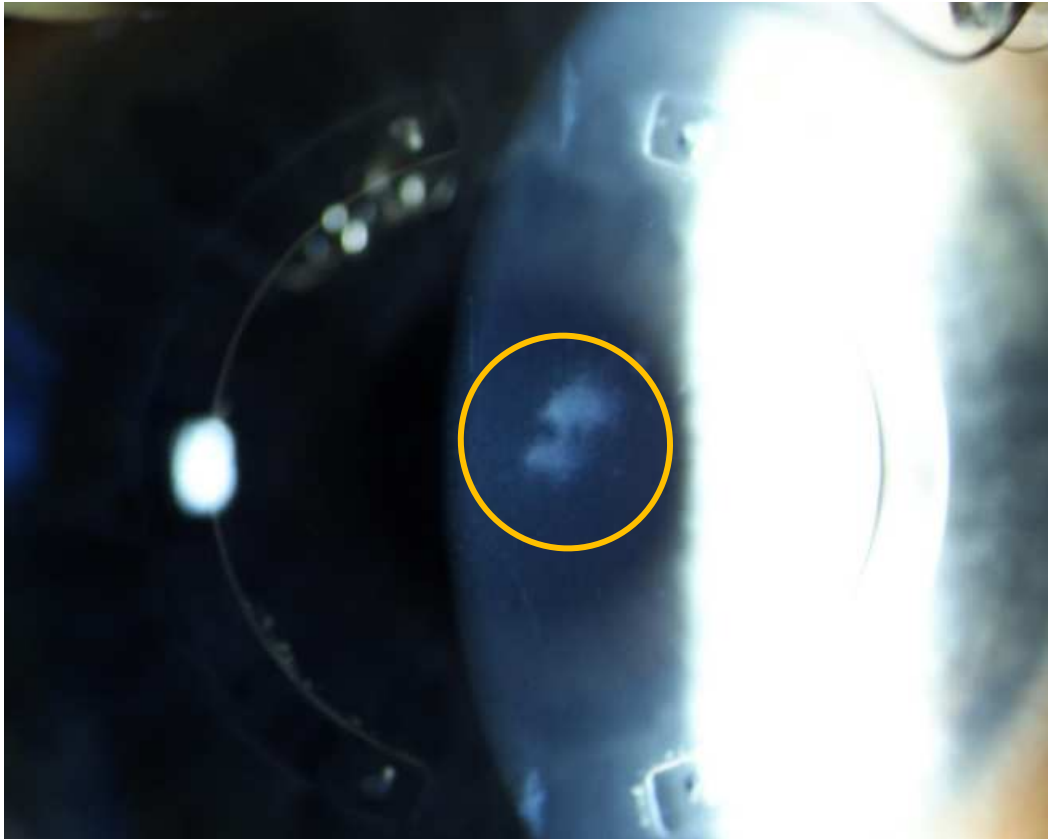
# AS - OCT



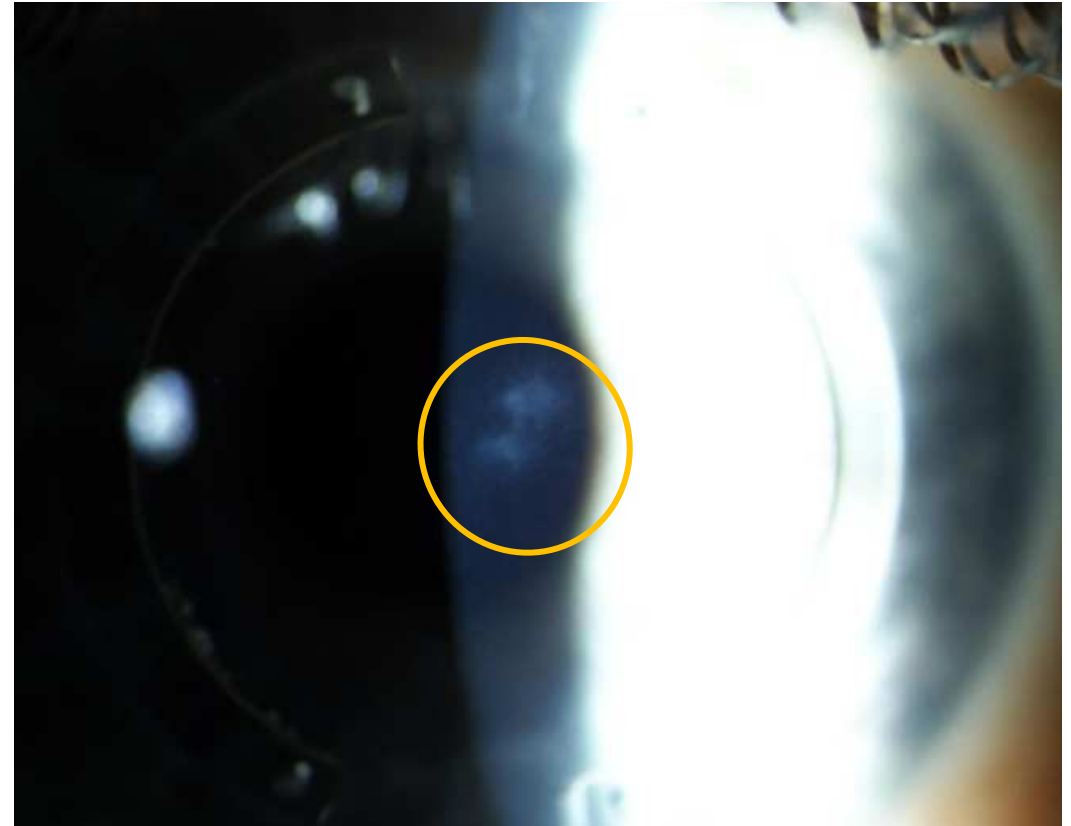
**Subepithelial hyperreflectivity is reduced after topical Losartan treatment**

# CLINICAL CASE 3

PRE



POST 3 MONTHS



*A Mularoni*

Central leukoma after PRK

# CONCLUSIONS

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1. CORNEAL PERIPHERAL DEGENERATION : RECOGNIZE AND DISTINGUISH
2. **IRREGULAR ASTIGMATISM** IS THE MAIN CAUSE OF VISUAL WORSTENING
3. TREAT CORNEAL PATHOLOGY BEFORE PERFORMING CATARACT SURGERY





# THANKS FOR ATTENTION

## Financial disclosure

Alcon  
Baush and Lomb  
Fidia  
Ring and co  
Santen

